ACCOLADES FOR OUR MACKAY NORTH STATE HIGH MARCHING BAND – 20th YEAR

For the twentieth year in succession, our Mackay North State High Marching Band was honoured with an invitation to the State Anzac Parade, which is a source of great pride for the members and staff of the band as well as the whole of the school community. Rehearsals began in late January for the new members of the band and continued up until the band left for Brisbane just before the parade. The drum corps, the mallet percussion instruments, the brass/woodwind instruments, the flags and the drum major all had separate rehearsals and then blended together in the full rehearsals.

This year, we were able to take 84 students with us on the coaches, but were delighted to welcome six other students in Brisbane who made their own way there. We were again the only band invited to march the route three times and our students demonstrated great resilience and tenacity in very warm conditions in Brisbane. The State Governor, Her Excellency Ms Penelope Wensley AO, was very generous in her praise of the band each time we passed the saluting dais and the spectators in Brisbane were very enthusiastic in cheering us on. It was also very exciting to have so many parents and staff in Brisbane watching us – sincere thanks for your support.

The school has received many congratulatory messages from all around the state – some from our past students as well.

Planning is already almost complete for the 2015 trip as we have been invited again for the twenty-first time! The parade next year will be the biggest yet as it is the Gallipoli centenary and the state committee have big plans! The trip will leave on Wednesday night, April 22 and return on the Monday public holiday (April 27) at about 7.00am.

Many thanks to our long standing, passionate marching band staff team – David Bayliss, Judy Power, Anne and Joe Clutterbuck, Simon Henderson and Kathy George.
Congratulations to all of our Year 9 students who sat the NAPLAN tests this week. It was wonderful to see the students giving 100% in each of the tests. All students are congratulated on the level of maturity and effort that they displayed over the course of the three days during which they completed five tests; Language Conventions, Writing, Reading, Numeracy – Calculator and Numeracy – Non Calculator.

A big thank you goes to our Year 9 Coordinator, Ms Katrina Phillips, for her assistance in running the exams and for organising fresh fruit and juice for the students to recharge their batteries!

NAPLAN provides parents individual results in order to follow their child/ren’s progress in the key areas of literacy and numeracy over time. We would encourage parents to compare their child/ren’s 2014 results to previous results. At the school level, teachers use results to help better cater to all of our students by identifying those students who either require greater challenges or additional support. NAPLAN also allows us to benchmark the great work we do at Mackay North with other like-schools across Queensland and Australia.

Students will be issued with their individual NAPLAN report later in the year. These reports are standardised across Australia and are sent to schools for distribution. When we receive these reports, we will notify you when the reports are being sent home.

Miss Shannah Kennedy
Junior Secondary Deputy Principal

Donations for Auction, Cent Sale, Cooking Ingredients and Bottles being accepted at the School Office now for the May Fair

Many hands make light work
Please complete the Fair Parent Helper/Donation form and return it to the school. If you can spare even one hour to work on a stall, your help will be appreciated and help gain extra facilities for our school.
We have had an amazing start to Term 2; with so many student centred events, there is a true sense of being **Strong and Proud in State Education**; this exemplifies the North spirit. Our focus on teaching and learning was well supported by our parent body who came in crowds to the parent and teacher interview evenings. It is reassuring to witness the support our community gives to the education of our students.

Similarly it has been very exciting to see the great interest from current Year 6 and Year 7 students and their families who attended our information evenings over the last fortnight. It is exciting times in State Education. It is a time for careful decision making that is now required from families as they choose their High Schools for their children to attend. We know at North we offer a first class educational program with quality **Specialist Teachers, Community Involvement Steeped in Tradition** and an **Internationally Renowned Music Program**. Mackay North State High School is the chosen Secondary School in the Region and we do not disappoint.

Our expectations are high and we make no excuses for our focus on every student having a guaranteed opportunity to learn uninterrupted by fellow students. We care about the education of the whole student; providing curriculum for students to demonstrate academic excellence is only part of our role. We provide opportunities to excel in a range of activities and we host many programs to nurture and promote individual passion and interest.

We welcomed Professor Scott Harrison, the Director of the Conservatorium from Griffith University, a past student of Mackay North State High School and in particular, one of the very talented Mrs Kathy George’s students. He endorsed the Middle School State Honours Program and commended the wonderfully talented students. The performing students from a number of schools were absolutely amazing. It was a pleasure to be in the company of and to listen to such gifted students. We look forward to having some of these up and coming musicians joining North next year as we begin preparation for a Music Excellence Program in Year 7, 2015.

We were also very proud of Mr Michael Goodwin who was chosen to attend and accompany a number of students on the Premier’s Anzac Tour to Gallipoli. Next year the Department of Education, Training and Employment are looking at sending 70 high school students and 10 chaperones (teachers) to the Gallipoli centenary celebrations and the Western Front. Schools can submit up to 5 student application from students in Year 8 – 11 (at the time of application). Please encourage your students to seek further information if they are interested in applying.

There are a number of North community events fast approaching, please keep up to date with notices and ask your students to keep you in the loop. We all rely on our students as a form of communication between home and school; they play a vital role in all of us staying connected and this in part, is how we all work together to support our students.

If at any time you feel you are missing information please do not hesitate to contact the school. If you change any of your contact details please inform us immediately.

This week has seen the NAPLAN tests taking place and our students’ approach to the test has been remarkable. The NAPLAN tests are a time for us to reflect on how well we focus on the teaching aspects of Literacy and Numeracy and we will do this through our students results.

There is much to do as the Term progresses; our priorities lie with: Everyone Improving, Everyone Visibly Learning and Together, Building a Positive Culture.

*Jennifer Skeahan*

**PRINCIPAL**
PERFORMING ARTS NEWS

There are so many exciting events happening this term in the Performing Arts Department!

MARCHING BAND DONATION

We would like to express our sincere appreciation to the Hon. Tim Mulherin MP for his ongoing interest, support and very generous financial donation towards defraying the cost of our trip to the State Anzac Parade next year. This financial support will be invaluable for our marching band members. Sincere thanks, Tim.

MIDDLE SCHOOL STATE HONOURS PROGRAM

Mackay North High facilitated this prestigious regional program in our hall and performing arts room last weekend, starting after school on Friday and running all day Saturday and Sunday, culminating in a Grand Finale Concert on Sunday. Congratulations to the 27 students who were selected for this invaluable program – you certainly did our school proud! It was a fantastic weekend of high quality music making.

FANFARE

We are running the regional finals of this statewide instrumental program here at our school on Tuesday, June 10. The primary school sections will run all day from 9.00am – 3.00pm and the secondary sections will begin at 6.00pm. Congratulations and best wishes to all of our students who will represent the school in this event. Reminder that the two remaining concert band rehearsals for this event are Monday, May 19 and Friday, June 6.

MAY FAIR

Our intermediate band will be performing at our May Fair on Friday night, May 23. They will need to be at the hall with their instrument and music, dressed in smart casual clothes (not cultural uniform) at 5.30pm. They will be finished by 6.20pm. Also, the stage band will be performing on the outside stage later in the evening – time to be confirmed.

MARCHING BAND - RELAY FOR LIFE

ALL marching band members are needed for this march. We are leading the Relay for Life on Saturday afternoon, May 24 (the day after the fair) at Harrup Park. All students will need to be there at 1.30pm. We will play the national anthem at 2.00pm and then lead the march – will be finished by 2.30pm. Students will need to enter via the small gate in Lamb Street near the corner of Lamb Street and Bridge Road. As parking will be very difficult, we suggest that our parents park in the Comedy Players’ property on the corner of Lamb Street and Bridge Road - as long as you leave by 2.35pm.

TWILIGHT CONCERT

All students in our instrumental and vocal program will be performing in our Twilight Concert which will be held in our hall on Tuesday night, June 3 starting at 7.00pm. This is a mandatory performance for all students in the instrumental program. It showcases the achievements of our music students during this first semester and is always a very popular concert. Entry is by way of a $5.00 donation.

DRAMA/MUSIC PRODUCTION

For many months, many of our drama/dance/music students have been intensively rehearsing for their performance of “A Fractured Musical”. This will be a very exciting, entertaining, hilarious event which will be held in our hall on Friday and Saturday nights, June 13 and 14 starting at 7.00pm. It incorporates sections from many musicals (some previously done at our school over the last 50 years) – not to be missed. Entry is by way of a $10 donation for adults and $5.00 for children/pensioners.

MARCHING BAND – PROPOSED AMERICA TRIP NEXT YEAR

As you probably have heard, our marching band has been invited to perform in a very prestigious Independence Day Parade in Los Angeles next year on July 4. As a result, I have now finalised the proposed itinerary and am holding an information night for parents on Tuesday evening, May 20 in the auditorium in order to gauge interest in this trip. It will take place in the June/July holidays and there will be a shadow tour for parents as well. The meeting will start at 7.00pm and will definitely be finished by 8.00pm.

We have undertaken two extremely successful, high profile overseas trips before to the Beijing Olympics where we performed for the arrival of the Olympic President and also as Australian representatives at the Shanghai Tourism Festival in 2011. This trip promises to be a fantastic experience as well, involving performing in the Independence Parade, the Disneyland Parade and on the back of a supercarrier in San Diego Harbour.

Kathy GEORGE
HOD – Performing Arts

ENROLMENTS for YEARS 7 & 8 at NORTH IN 2015

Enrolment packs are now available for Years 7 and 8 at Mackay North High for 2015. Students from Years 6 & 7 may apply for a place in the Performing Arts Program.

Year 6 students are invited to apply for the Excellence in Music Class for Year 7 in 2015. Application will include an audition.

Current Year 6 & 7 students at local primary schools are able to apply for North High Scholarships for 2015. Two of each type of Scholarship, Academic, Cultural and Sporting, will be offered to each year level; twelve in all.
The Year 8s have started Term 2 well and most students have now experienced some of that amazing North High Spirit. All Year 8s ran the Cross Country in Week 2, whether competitively or just points for their houses. Special congratulations go to Paige Steindl-Corrie, Allie Whitehead, Myah Tetley-Rana, Jai Finlay, Jay Watling and Tyler Bobin for placing in this event and now go on to the next level. Best of luck for the next race!

A special mention needs to go to all of the students who have been helping with the Primary school visits, information evenings and tours in readiness for the new students for 2015. Your assistance has helped enormously and points will go to each of your houses for the Spirit of North Cup.

On the 30th May, our school holds a Shave for a Cure day where students are able to wear free dress and have their hair coloured for a gold coin donation which all goes towards cancer research. Students and teachers can also elect to raise funds to have their heads shaved. This year, the Year 8s are represented by seven very brave participants: Ellie Nixon, Angus Nichol, Keely Coburn, Savannah Potts and Rhianna Quinn. Our Year Co-ordinator Mrs Rodgers and Deputy Principal Ian Harrison are also joining in this year to lose their locks! Any support would be greatly appreciated.

CENT SALE PRIZES REQUIRED FOR OUR MAY FAIR. DROP DONATIONS TO THE SCHOOL OFFICE.

COOKING INGREDIENTS MAY BE DROPPED TO THE OFFICE FOR HOME BAKERS. BAKED GOODS MAY BE LEFT AT THE SCHOOL ON FRIDAY MORNING

Filled bottles are needed for the bottle stall. All fair funds to our kids’ education.

May Fair – Friday May 23
Monday May 12th was Harajuku Day, our annual Japanese-themed dress up day. All students studying Japanese are invited to dress ‘Harajuku-style’ or in any costume to do with Japanese culture, and Year 8s are in the running for prizes. We had a great turnout and as usual it was difficult to choose the winners. Pictured are our best-dressed: Molly Bristow (first place), Crystal Humberdross (runner up), Ricky Oberg, Zachary Meyer (joint runners up) and Ize Loncar (first place). Well done to all involved!

Our next Year 8 Japanese activity will be a sushi lunch in the last week of term.
North High Autumn Fair — 23rd May 2014
6.00pm — 9.30pm

Students have been issued with Fair Forms. Please sell as many Art Union tickets as possible and return the completed and signed forms to the school by Friday. Donations of goods may be left at the school office at any time; home baking on the day and plants Thursday or Friday of the Fair.

MAY FAIR
FRIDAY 23 MAY
6.00 – 9.30PM

Please sell as many Art Union tickets as you can and return the money and signed ticket form and the signed Parent Helper Form with your student to the home group teacher as soon as possible.

All ticket sales and Fair donations will help provide even better facilities for our students.

If you, a friend or a relative are a business owner, please consider donating an item or service that may be auctioned at the Fair. The business name will advertised on the night and in the newsletter to over 1,000 families and on the website.

All forms must be returned for auditing purposes.

Celebrate 50 years of North High 22, 23 & 24 August

WANTED
Plants for May Fair Will go to loving homes

WANTED
Home Baking for many Hungry Tummies at the Fair

View Calendar of Events on the School Website

2015 Scholarship information to Primary Schools soon

May Fair Friday 23 May 6.00pm

All fair donations to the office as soon as possible

Enrolling at North now for 2015 Years 7 & 8
Staying safe around bats

Children need to be aware that bats, including flying foxes, are protected species and pose minimal risk to humans provided they are left alone and not touched. However, children should not try to hurt or help sick or injured bats as they are putting themselves and the animal at risk. If you see a bat or flying fox that is hurt call:

RSPCA—1300 ANIMAL (1300 264 625)

Dept of Environment & Heritage Protection—1300 130 372 (your local wildlife care group/rescuer/carer) for assistance.

If a child is bitten or scratched by any bat, they should tell their parents, teacher or responsible adult straight away, wash the wound thoroughly with soap and water and visit their local doctor immediately.

Junior Secondary 2015
School Tours

Wednesday May 21st and
Wednesday May 21st
from 4.00–4.30pm; meet in carpark.

Mackay North State High School
Since 1964
Celebrating 50 years in 2014

Fri 22, Sat 23, & Sun 24 August
More information soon

Some of the things that a chaplain may be involved in are...

- Conversations with individuals to help them through any issues or refer them to other appropriate services.
- Breakfast Club for the students who, for whatever reason, don’t eat breakfast in the morning.
- Support in classrooms at teachers’ request.
- Work as part of the school wellbeing committee to plan and deliver student resilience and wellbeing services.
- Implementing programs or running seminars to help with prevention and support with issues such as cyber-bullying, mental health etc.
- Implementing and/or running mentoring programs for young men and young women.
- Deliver peer leadership and support programs.
- Participate in school activities such as sport, camps etc.
- Facilitate activities connecting students with the wider community.
- Provide mentoring/coaching.
- Provide support and/or appropriate referral in times of grief and other critical circumstances.
School-based youth health nurse
Hi, my name is Rachel Archer and I am the newest member of the Student Support team. It is my job to promote health and well-being within the school, rather than administering first aid or medication and help create a healthy, supportive environment. I am interested in holistic health – a system of preventive care that takes into account the whole individual, that individual’s own responsibility for his or her well-being and the social, psychological and environmental influences that affect health. These influences include things like relationships, feeling unhappy or stressed, nutrition, smoking, alcohol and other drugs.

SYBHNs usually work one-to-one with students but am available to any parents seeking advice about their child’s physical, mental or emotional health. If I don’t have suitable resources I can help you access one of the many agencies in Mackay that can help to see your family through a difficult time. I will also be working with teachers to facilitate group talks about common health issues.

I will be at the school on Monday, Tuesday and Thursday and my office is located on the car park corner of the administration building. Alternatively, I can be contacted on 4963 1606.

Food Allergy Awareness Week, 12-18 May

One health issue that is becoming increasingly common is food allergies. Many schools and day care centres have rules banning common allergens such as peanuts and eggs but milk, tree nuts, sesame, fish, shellfish, wheat and soy are also common food triggers and cause 90 per cent of allergic reactions. Any food, however, can trigger anaphylaxis – a severe allergic reaction that usually occurs within 20 minutes to 2 hours of exposure to the trigger and can rapidly become life threatening.

Some symptoms of anaphylaxis include difficult or noisy breathing, swelling of the tongue or throat and persistent dizziness or collapse. Young children may appear pale and floppy. Mild to moderate reactions are characterised by hives, welts or body redness; swelling of the face, lips and eyes; and vomiting, abdominal pain or tingling in the mouth.

If you, your child or someone you care for has a reaction to any food, seek medical advice. If you are worried about a serious reaction, call an ambulance or go directly to hospital.

Currently, there is no cure for food allergy. Avoidance of the food is the only way to prevent a reaction. To help raise money for allergy research the school is participating in the Be Aware Show You Care promotion.

To represent the one in ten children affected by food allergies, the campaign aims to get everyone painting just one of their ten fingernails. **We are inviting students to bring $1 to school on Monday, May 19 and come to my office during breaks. Kalvin (Chaplain) and I will be collecting donations and painting fingernails a distinctive colour to show support for the campaign.** As nail polish is not normally allowed at school I hope to meet a lot of students on Monday!

For more information visit [http://www.allergyfacts.org.au/](http://www.allergyfacts.org.au/) or contact Rachel, your School-based Youth Health Nurse on Phone 49631606.

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**DEFENSIVE DRIVING COURSE**

Year 11 & 12 Students from this school are being invited to attend a ONE DAY driver safety education program aimed at reducing death and injury amongst young people on the road.

**WHO:** Any Year 11 or 12 student

**DATE:** Tuesday 29th July

**TIME:** 9.15 for a 9.30 am start – 2.30pm

**VENUE:** PCYC off Norris Road, North Mackay

**COST:** $10 (this covers a sausage sizzle lunch and fruit morning tea)

Permission forms available from Senior Centre.

Payment to the Office by Thursday 18th July
An Excerpt from Mackay North State High School - Prospectus 1972

“School Uniform: Please note
1. School uniform is to be worn correctly at all times - this includes hat, tie, footwear. Variations are not permitted. Students may not be permitted to play sport in ordinary school uniform, to save wear and tear.
2. No odd haircuts or long untidy hair, especially in the case of boys. Girls' hair, if below the collar, will be neatly combed. Otherwise it will be tied up.
3. No jewellery may be worn except school badge and wristlet watch. Jewellery confiscated by a Teacher will be sent to the office, from where it may be obtained by parents, or by students at the end of Term. PLEASE NOTE THIS RULE
4. Use of cosmetics, including nail polish is not permitted.
5. Corrective dress, (e.g. Manual Arts training aprons) must be worn in classes when necessary.
6. All items of clothing should be clearly named.”

Compare these rules with those in the current Student Diary!

IMPORTANT DATES TO REMEMBER

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<td>Week 5</td>
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<td>Tues 20 May</td>
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<td>Tues 27 May</td>
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Artwork of the Month
INSPIRED by FANTASY FOREST
Pen and Ink Drawing
Year 8

Nicole Villalba

MacKenzie Quinn

Hayley-Rose Carnahan

North High P & C
Supporting Student Achievement

For more information contact:
Brian Saxby 49546563 mob Enterprises@hotmail.com
Sherri Savage at the school

P & C Meetings are held in the school library from 6.30pm
every 3rd Monday of the month

THE ART AND SCIENCE OF TEACHING

WALT, WILF & TIB

These are the acronyms that your student see
every day on the board in their classrooms.

**WALT** *(We are learning to …)* the teacher identifies the
learning intentions/goals at the start of each class.

**WILF** *(What I am looking for …)* the teacher identifies what
is required to achieve success with the learning goal.

**TIB** *(This is because …)* the teacher identifies the
connections with the learning goal, giving meaning to
the work being covered in the lesson.

Mackay North State High School
Since 1964
Celebrating 50 years in 2014

Celebrate 50th Years
22nd, 23rd & 24th August 2014

For details please contact the email below

50th Anniversary Email: 50thanniversary@macknortshs.eq.edu.au

DATES FOR THE SCHOOL YEAR

Term 2: Tuesday 22nd April – Friday 27th June (inclusive)
  Friday 25 April – Public Holiday — Anzac Day
  Monday 9 June – Public Holiday Queen’s Birthday
  Thursday 19 June – Mackay Show Day Holiday

Term 3: Monday 14 July – Friday 19 September (inclusive)

Term 4: Tuesday 7 October – Friday 12 December (inclusive)
  Monday 20 October – Student Free Day
  Friday 21 November – Last day – Year 12
  Friday 28 November – Last day – Years 10 & 11
  Friday 12 December – Last day – Years 8 & 9

When making family plans, please refer to these dates so
that your child may attend school every day, all day.
Mackay North State High School’s New Chaplain – An Introduction

My name is Kalvin Hart and I am North High’s new School Chaplain. I have lived in Mackay since I was two and love this beautiful city; it is home. Soon after I graduated from high school I began working as a Youth Worker with a not-for-profit government funded organisation. I am currently completing further studies. For the past three years I have worked with some young people who have physical or intellectual difficulties, but mainly with young people with high behavioural issues. However, they are all a part of the foster care system, usually due to traumatic circumstances and they all have poor social or life skills. My role has been to support and encourage these young people and help them with their social/life skills.

I am very excited to be a Chaplain as I have a passion to help young people reach their full potential and achieve well in life. Life is not easy and comes with many hardships and challenges. Young people need some healthy role models and support networks in their lives to help them navigate through life’s challenges, especially as they're still maturing and finding their personal identity.

The Role of a “Chappy”

A Chaplain works in the school with a team whose purpose is to look after the welfare of young people. At North, this team includes the Guidance Officers, School Based Youth Nurse, Youth Support Co-ordinator, Community Education Counsellor, School Based Police Officer and the Deputy Principal who oversees Student Services. The following is a description I found for the Chaplain’s role:

“Scripture Union Queensland (SU QLD) chaplains, or “chappies”, provide spiritual and emotional support to school communities. They are in the prevention and support business; helping students find a better way to deal with issues ranging from family breakdown and loneliness, to drug abuse, depression and anxiety. They provide a listening ear and a caring presence for kids in crisis and those who just need a friend. They also provide support for staff and parents/caregivers in school communities.

The role of a chaplain is to provide social, emotional and spiritual support to students, parents/caregivers and staff, taking into account the specific needs of the school. Chaplains provide support for a range of day-to-day matters affecting the school community and communicate effectively with a diverse group of people.”

Common Questions about a Chappy

Are Chaplains just religious people who want to preach and convert young people to their religion?

No. We DO NOT proselytize/evangelize or preach as part of our role. Like any other EQ employee, a student can approach us and ask questions about our personal beliefs, we are then permitted to answer them truthfully; however, we are not to be encouraging students to adopt our beliefs.

Do Chaplains only help the students?

The job description states ‘the role of a Chaplain is to provide social, emotional and spiritual support to students, parents/caregivers and staff, taking into account the specific needs of the school’. It is also quite okay if, as a parent/caregiver, you have something you just want to talk out or need support with, I can be there for you and am more than happy to help. You can contact me for any type of support for yourself or in regards to your child.

Do Chaplains actually do much around the school to help anyway?

It is proven that students who are well supported socially, emotionally and spiritually are better able to engage successfully with their education and recently the Commonwealth has stated that school chaplaincy helps meet the educational goals. At North the chaplain is also involved in school community events e.g. the annual fair.

The where, when and how

I am in Room 203 during school hours every day except for Wednesday. The room is set up to hold personal conversations with individuals and also a space for students to relax in during lunch breaks.

Any student may come to see me at lunch breaks or during class time (with appropriate permission). If a student needs a deeper one-on-one talk during a break they should make an appointment. Parents/caregivers may contact me or the school if they’d like help with their child’s well-being.

I look forward to embarking on this journey with you; please feel free to contact me if you have needs and concerns with which I may be able to help.

Kind Regards

Kalvin Hart
School Chaplain (Room 203 — M-Tu-Th-F)
Direct phone: 4963 1625 | Email: khart198@eq.edu.au
Mackay Engineering College partners with prominent local businesses to give you insight into what a career in the Manufacturing and Engineering Industry would be like.

**The Checklist**

- Are you in Year 10?
- Do you attend Mackay North, Sarina, Mackay, Pioneer or Mirani SHS?
- Are you interested in trying boilermaking, diesel fitting or fitting & turning (just to name a few)?

If you ticked all 3 boxes, you should consider applying for the Try Trades program with the Mackay Engineering College. It’s held in term 3 during which you’d try a range of trade experiences associated with the Manufacturing & Engineering industry such as:

- Field trips and industry tours
- Mentoring by tradespeople in their workplace
- Completing welding projects
- Tour Rio Tinto Hail Creek Mine
- Tour BMA Hay Point Coal Terminal
- Activities at the Mackay Engineering College

Chat to your IT&D teacher today about how to apply or simply download an application pack from [www.mec.eq.edu.au](http://www.mec.eq.edu.au).
Become a confident bike rider
For Migrant families

- In Australia, outdoor activities are enjoyed by all.
- Australians enjoy riding bicycles for fitness and fun.
- Mackay has many great places to ride and is an enjoyable way to get around and explore the area.
- This half-day course is for adults and children who can already ride a bike but would like to feel more confident and safe when riding.
- Children as young as 5 years old can participate.
- Learn local road rules for cycling and road safety.

When: Saturday May 17, Sunday May 18, Saturday June 14 and Sunday June 15
Time: 8am - 11am
Meet at PCYC Mackay Off Norris Road
(Bus pick up & drop off available in the City Centre upon request)
Cost: The course is FREE!